

Appointment Details



	Appointment Time:	Date:	
heart@vascular	Branch:		FLINDERS CAR
Thank you for seeing:			

Thank you for seeing:		
Patient Name:	Date of Birth:	
Address:	Telephone (H):	
Auditoss.	Telephone (M):	
	Med. No.:	
Service Items Requested	Clinical Details	
☐ Consultation also required		
Referring Doctor Details		
	Copies to	

Date **Doctor Signature**

E info@heartandvas	scular.com.au										_		*		*	Coronary Calcium Score
or enquiry@flinders	cardiac.com.au										S.		cho		ram	ı Sc
www.heartandvasc	ular.com.au									5	SS	tor	e E		00	. <u></u>
www.flinderscardia	c.com.au			†o		10	_	4=	am	SS	Stre	in in	age	*	Ang	Calc
				Consultations		Holter Monito	Event Monitor	Exercise ECG	Echocardiogram	Exercise Stress Echo	Dobutamine Stress Echo	24 Hour BP Monitor	Transoesophageal Echo**	Cardiac MRI**	Coronary Angiogram**	ary
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Head Offices	Flinders Cardiac Level 6, Suite 606, Flinders Private Hospital, Bedford Park	8177 1599	8177 1589	+	•	•	•	•	•	•	•	•				
	Heart & Vascular - Calvary Level 1, Calvary Adelaide Hospital, 120 Angas Street, Adelaid	e 8224 6100	8359 2238	+	•	•	•	•	•	•	•	•				
	Heart & Vascular - Mount Gambier 18-20 Sturt Street, Mount Gambier	8783 6000	8723 5792	+		•	•	•	•	•		•				
	Heart & Vascular - Brighton 1/497 Brighton Road, Brighton	8224 6100	8359 2238	+		•			•							
South East	■ Naracoorte McMillan Wing, Naracoorte Health Service, 101 Jenkins Terrace, Naracoorte	8177 1599	8177 1589	+		•		•	•							
	Bordertown Bordertown Memorial Hospital, 23 South Terrace, Bordertown	8177 1599	8177 1589	+		•										
	Robe Robe Medical Centre, 1 Smillie Street, Robe	8177 1599	8177 1589	+												
	Kingston Kingston Medical Centre, 89 Anges Street, Kingston	8177 1599	8177 1589	+		•										
	Millicent Medical Centre Millicent, 10 Short Street, Millicent	8177 1599	8177 1589			•										
	■ Beachport Millicent Road, Beachport	8735 8056	8735 8579			•										
Fleurieu Peninsula	Southern Fleurieu Health Service Harbourview Terrace, Victor Harbor	8177 1599	8177 1589	+												
	Victor Harbor Specialist Centre 59 Ocean Street, Victor Harbor	8177 1599	8177 1589	+												
	Middleton 3/27 Goolwa Road, Middleton	8224 6100	8359 2238	+		•			•							
Riverland	Berri Riverland Region Hospital, Maddern Street, Berri	8177 1599	8177 1589	+		•		•	•							
	Loxton Loxton Health Service, 11 Anzac Cr, Loxton	8224 6100	8359 2238	+		•										
	Waikerie Waikerie Medical Practice, 2 Strangman Road, Waikerie	8177 1599	8177 1589	+		•			•							
	Barmera 24 Hawdon Street, Barmera	8588 2040	8588 3294			•										
	Renmark 65 Thurk Street, Renmark	8586 4111	8586 4067			•										
	Whyalla Whyalla Hospital, 20 Wood Terrace, Whyalla	8177 1599	8177 1589	+				•	•							
	Wudinna Wudinna Medical Practice, Richards Avenue, Wudinna	8680 2005	8680 2515	+		•		•	•							
	Kimba Kimba District Hospital, 15 Martin Terrace, Kimba	8177 1599	8177 1589	+		•			•							
	Cleve Mid Eyre Medical, 15 Main Street, Cleve	8177 1599	8177 1589	+		•		•								
	Cowell 17 South Terrace, Cowell	8629 2504	8629 2506			•										
	Elliston Memorial Drive, Elliston	8687 9110	8628 2193			•										
	Streaky Bay 1 Flinders Drive, Streaky Bay	8626 1072	8626 1785			•										
Mallee & Lower Muri	Meningie Coorong Medical Centre, 2 South Terrace, Meningie	8575 1208	8575 1530	+		•		•	•							
	Lameroo Mallee Medical Practice, 1 Vardon Tce, Lameroo	8586 4644	8576 3893	+		•		•								
Upper North	Leigh Creek Black Oak Drive, Leigh Creek	8678 6022	8678 6020			•										
Mid North	Orroroo 23 Second Street, Orroroo	8658 1222	8658 1222			•										
	es Booleroo Centre 11B Stephens Street, Booleroo Centre	8667 2046	8667 2336			•										
Victoria	Nhill West Wimmera Health Service, 43-51 Nelson Street, Nhill	8224 6100	8359 2238	+				•								

⁺Requires referral addressed to a cardiologist **Can only be referred by a cardiologist





TFST WHAT IS THIS TEST? WHAT DO YOU NEED? **ECG** A simple recording of the electrical activity of the heart. The skin is No special preparation needed.

> prepared by rubbing or shaving so that recording dots can stick to the skin. Duration: 10 minutes

Echocardiogram An ultrasound image of the moving heart muscle is recorded by

placing a probe on the chest wall.

Duration: 40 minutes

Exercise An ultrasound image of the heart muscle is recorded before and **Stress Echo** after you exercise on a treadmill. The heart muscle image is then analysed for movement abnormalities. The skin is prepared by rubbing or shaving so that electrical impulses of the heart are also

> recorded during exercise. Duration: 40 minutes

Dobutamine An ultrasound image of the heart muscle is recorded before and after and **Stress Echo** during an infusion of Dobutamine. Dobutamine is a medication given into

> the vein that is used to speed up and increase the contraction of the heart. The heart muscle image is then analysed for movement abnormalities. The skin is prepared by rubbing or shaving so that electrical impulses of

the heart are also recorded during the medical infusion.

Duration: 40 minutes

Holter Monitor An extended recording of the electrical activity of the heart.

> 2 electrodes will be attached, externally, to your chest (after preparing the skin by either shaving or rubbing the skin with abrasive paper and/or an alcohol swab). The monitor is then attached to 1 electrode and a lead connecting that one to the other. You will not be able to shower or bath with the monitor on.

The monitor will take 15 minutes to apply.

The BP watch is fitted to the wrist. You will not be able to shower 24 Hr **BP Monitor** or bath with the monitor on. The monitor is programed to take

blood pressure readings every 15 minutes for 24 hours.

The monitor will take 15 minutes to apply.

Transoesophageal An ultrasound image of the heart muscle is recorded from a probe

Duration: 50 minutes.

next day.

Echo

that is swallowed.

leading heart care

No special preparation needed.

Avoid large meals prior to the test. Please wear comfortable shoes and

bring a towel.

No special preparation needed.

Please return the monitor the next day.

Please return the monitor the

Please do not eat or drink 5 hours prior to the test. You will be given some medication to make you feel drowsy prior to this. You will not be allowed to drive home.